

## June 2024 Newsletter

The Mystic Valley Public Health Coalition works to build the collective responsibility of creating and sustaining environments where communities can thrive in supportive and healthy spaces.

## **MVPHC Youth Leadership Group**

June is a busy month for our Public Health Youth Leadership Group! PHYLG members are participating in several trainings on topics they have identified as important throughout the month of June.

On June 3rd, youth leaders attended a training on the Intersection of Public Health and Policy. Through this training, PHYLG members learned about the history of advocacy and policy on health issues, how to get involved with local advocacy efforts, and careers that fall at the intersection of public health and policy. A huge thank you to Mark Gottlieb for an insightful and engaging presentation on the topic!

From June 10th-24th, PHYLG students will be undergoing a three-part training series on Diversity, Equity, Inclusion, and Accessibility (DEIA). This training includes an overview on the history of DEI and key terms, how to include DEIA efforts in advocacy, and how DEIA skills can be used to enact change. Thank you to Anna Del Castillo for hosting this important training series for regional youth leaders!

In addition to the many training sessions in progress, the PHYLG is excited to bring on 5 new leaders to the team! We had an exceptional applicant pool this year, but we are excited to welcome the following students to the team!

#### Marjia and Mandy from Medford

& Amelia, Sumin, and Sara from Melrose!

Last but not least, we would like to recognize our PHYLG seniors who are graduating this month!



Sara will be attending the University of Connecticut in the fall to study Neurobiology and Physiology!



Jaya will be attending Harvard University in the fall to study Molecular and Cellular Biology and Mathematics!



Leah will be attending Tufts University in the fall to study Biology and/or Community Health!



Rebecca will be attending MIT in the fall to study engineering!

Congratulations to our new PHYLG members and graduating seniors!

# **Regional Events**



# JOIN US FOR THE MVPHC Annual Meeting

### June 25, 2024

Time: 9 am to 10:30 am Location: Wright Locke Farm RSVP: Scan the code below Address: 82 Ridge St, Winchester, MA 01890

The Mystic Valley Public Health Coalition is excited to celebrate another year of collaboration and health promotion! Join us to learn more about the amazing work that's happening across the region.





## **Local Events**

Are you hosting an event that serves our students or families? Could folks benefit from the work that you're doing? Would you like to get the word out to collaborators in the region?

Submit your upcoming events here and we will feature them in the future editions of our newsletter. Use the button directly below.

Submit Events Here for a Future Feature!

#### **Mystic Valley Public Health Coalition**

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